

Botox / Jeuveau Pre Treatment Instructions

Do NOT consume alcoholic beverages at least 24 hours prior to alcohol may thin the blood and increase the risk of bruising)

Avoid anti-inflammatory/blood thinning medications, if possible for a period of 2 weeks before treatment. Medications and supplements such as aspirin, vitamin E, ginkgo biloba, ginseng, St. John's Wort, Omega 3/Fish Oil supplements, Ibuprofen, Motrin, Advil, Aleve and other NSAIDS have a blood thinning effect and can increase the risk of bruising and swelling after injections.

Schedule your Botox appointment at least 2 weeks prior to a special event which you may be attending, such as a wedding or a vacation.

Results from the Botox injections will take approximately 4 to 7 days to appear. Also bruising and swelling may be apparent in that time period

Discontinue Retin-A 2 days before and 2 days after treatment.

Reschedule your appointment at least 24 hours in advance if you have a rash, cold sore or blemish on the area.

If you have a history of cold sores please let your provider know, they may put you on an anti-viral medication prior to treatment.

Be sure to have a good breakfast, including food and drink before your procedure. This will decrease the chances of light headedness during your treatment.

You are not a candidate if you are pregnant or breastfeeding.